



*MasterLife*

DISCIPLESHIP TRAINING

**SPEND TIME WITH THE MASTER**

CBCWLA, MAY 1, 2011





# I. 六個屬靈的操練



# 1. 花時間與主同在

- 第一優先：基督
- 接受基督的管理：他是我的主
- 連於葡萄樹：每日靈修
- 學習順服主
- 順服的挑戰

# 2. 活在神的話語中

# 3. 在信心中祈禱

# 4. 與信徒團契

# 5. 向世人作見證

# 6. 服事他人



# II. 花時間與主同在

- 你是否完成了所有的指定作業？
  1. 門徒是甚麼？
  2. 門徒揀選門徒的兩個理由？
  3. 當有人要跟從耶穌時，他如何反應？
  4. 耶穌說，門徒的生命應當具備哪三個特徵？
  5. 順服耶穌的吩咐必須要作到哪兩件事？



# III. 門徒信約

# Discipleship Covenant 門徒信約

- As a disciple of Jesus Christ, I commit myself to-
  - 每日承認基督是我生命之主;
  - 除非遇到人力無法抵擋之事，我將每週參加課程;
  - 完成每日的指定作業;
  - 每日有靈修時間;
  - 保持靈修紀錄;

- 忠心參加教會聚會，盡管家職分;
- 愛我的組員，鼓勵他們;
- 和別人分享我的信仰;
- 保密，不將聽到的隱私講出去;
- 自願接受別人對我的督責;
- 神若給機會，我願成為一個門徒培育者;
- 按照聖經教導奉獻金錢，支持我的教會;
- 每日為我的組員禱告。



# Accountability Small Group 督責小組

- 5-6 人一組
- 彼此分享
- 簽署其他組員的門徒信約
- 彼此檢查每週指定作業
- 為每位組員代禱

# III. 背誦經文

# Masterlife Theme Verse

- Luke 9:23
  - If anyone would come after me, let him deny himself, and take up his cross daily, and follow me.
  - 若有人要跟從我，就當捨己，天天背起他的十字架，來跟從我。



- John 15:5

- I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. (NIV)
- 我是葡萄樹，你們是枝子。常在我裏面的，我也常在他裏面，這人就多結果子；因為離了我，你們就不能做甚麼。

# IV. 每日靈修時間

- 讀經。每日1-2章。每週五日
- 禱告。
- 唱詩（隨意）。
- 要簡易可行。
- 每天15-30 分鐘就夠了。
- 不要清晨四點起來靈修。回去睡覺。
- 把握督責小組之利。
- 用六個月的時間養成習慣。
- 要持久。

# V. 禱約表

# Prayer-covenant List

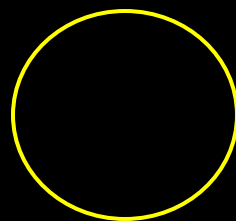
Request	Date	Bible promise	Answer	Date
主啊，請讓我在 MasterLife 開課之前拿到所有的書。	4/?/11		伊瑄找到了作者自己的網站，我們可以用更便宜的價錢買到所有的書。	4/15/11
主啊，不要讓每三個月一次的浸禮因為搬家的緣故而中斷。	3,4/11		Rena在浸禮前一天打電話給我，說Lucy的媽媽決定要接受浸禮。	4/30/11



- 寫下你的祈求，要清楚。寫下日期。
- 若有聖經應許，也寫下來。
- 以期望神會應允的心向神祈求。
- 寫下神應允禱告的日期和方法。
- 神應允你的祈求，記得要感謝他。和他人分享你的經歷。
- 做好預備，將五位尚未信主的人放在你的代禱名單中。

# VI. 門徒的十字架

# 門徒的十字架 The Disciple's Cross



- 這空白的圓圈代表你的生命。表示你為了基督而捨己。
- 你若不願意捨己，就不能成為基督的門徒。
- 若這圓圈代表了你，耶穌就應當進入其中，充滿它。



Christ

John 15:5

Luke 9:23

捨己

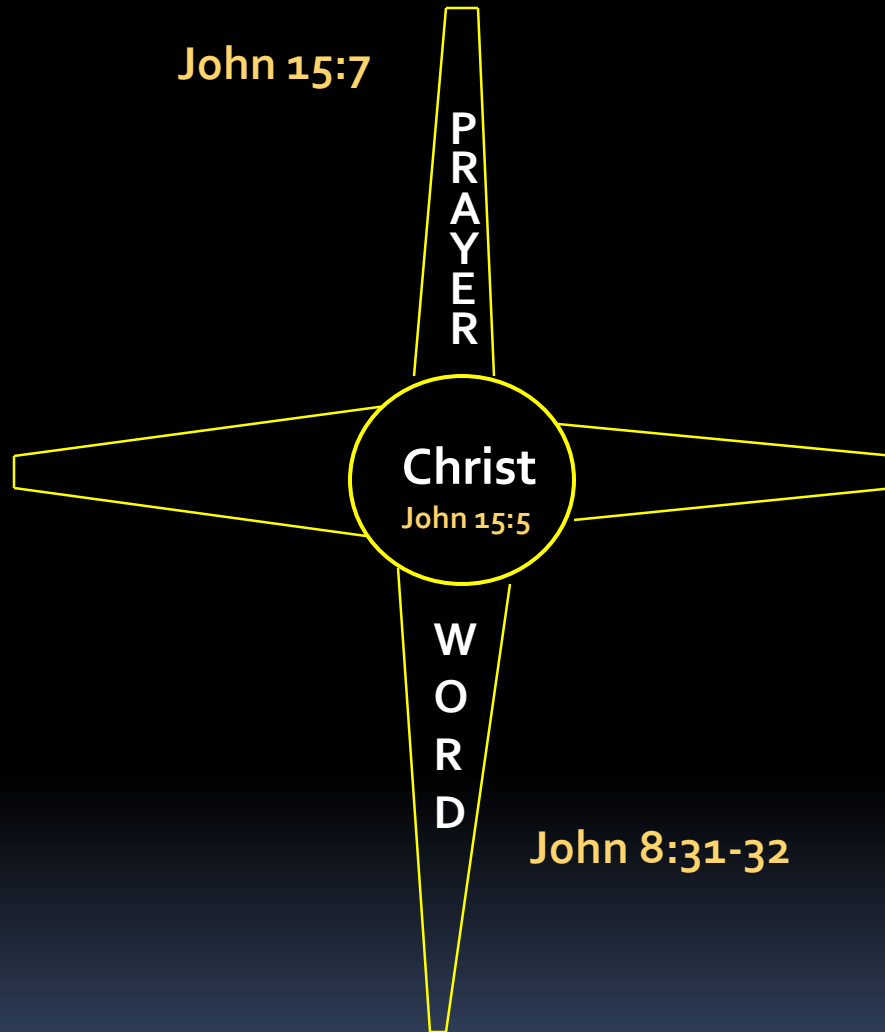
十字架

跟從

- John 15:5 我是葡萄樹，你們是枝子。常在我裏面的，我也常在他裏面，這人就多結果子；因為離了我，你們就不能做甚麼。

# 花時間與主同在 Spend time with the Master

- What can we do without remaining in Christ?  
Nothing! Christ said the he is the vine and we are the branches. The branches are part of the vine. You are part of Christ.
- He wants to live his live through you. Is this the kind of life you would like to have?
- In addition to denying yourself, you need to take up your cross. The disciple's cross pictures the resources Christ gives us to help us live in him.



Luke 9:23

捨己  
十字架  
跟從

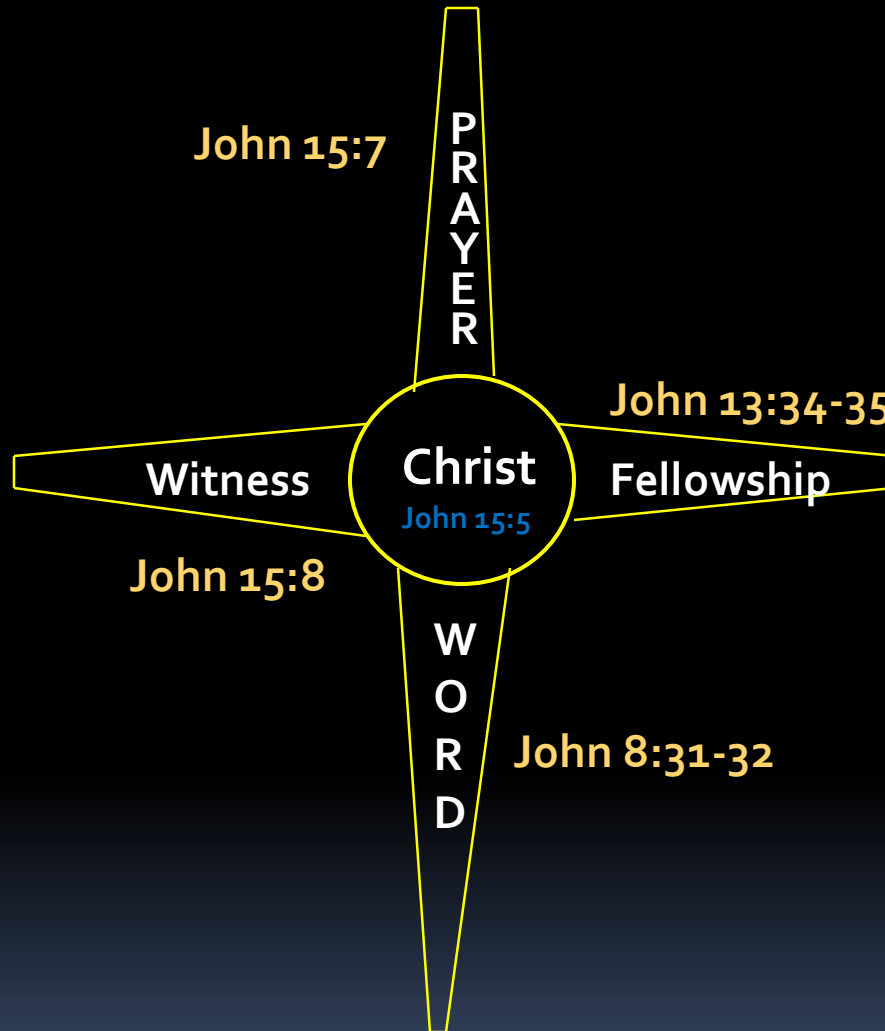
# 活在神的話語中 Live in the Word

- John 8:31-32
  - 你們若常常遵守我的道，就真是我的門徒；你們必曉得真理，真理必叫你們得以自由。
- The way to have life in Christ is to have his Word in you.
- You receive the Word in many ways: by listening to someone preach it, by reading it, by studying it, by memorizing it, by applying it.
- Making Christ Lord means that you want to read, study, and apply the Word regularly.

# 在信心中祈禱 Pray in faith

- John 15:7
  - 你們若常在我裏面，我的話也常在你們裏面，凡你們所願意的，祈求，就給你們成就。
- Praying in faith is an important part of life in Christ.
- If you abide in Christ and his Word abides in you, you can ask what you want, and God will do it.
- The vertical bar of the cross, representing the Word and prayer, highlights your relationship with God, the basic ways you communicate with God, and the basic ways he communicates with you.





Luke 9:23

Deny

Cross

Follow

# 與信徒團契 Fellowship with the believers

- John 13:34-35
  - 我賜給你們一條新命令，乃是叫你們彼此相愛；我怎樣愛你們，你們也要怎樣相愛。你們若有彼此相愛的心，眾人因此就認出你們是我的門徒了。
- Jesus said the way to show that you are his disciple is to love one another.
- God has provided the ideal place for you to grow—his church.
- A committed Christian stays in fellowship with a local body of believers in order to grow in Christ.

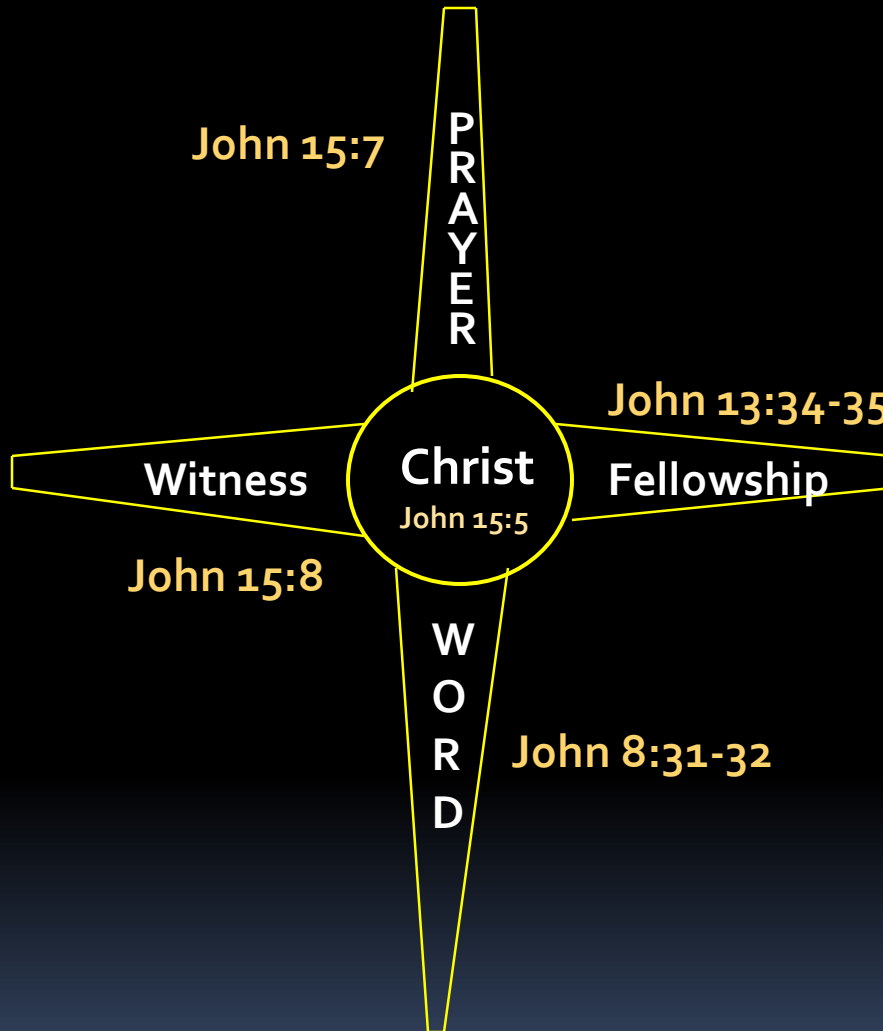
# 向世人作見證 Witness to the world

- John 15:8
  - 你們多結果子，我父就因此得榮耀，你們也就是我的門徒了。
- Jesus said the way to show that you are his disciple is to bear much fruit. This includes witnessing.
- Witnessing is the natural outgrowth of living in Christ.
- If you are spending time with the Master, living daily in the Word, praying in faith, and fellowshiping with God's people, you naturally share with other the Christ who lives in your heart.

# Ministry of Worship/Intercession

- 1 Lord
- 2 relationships
- 3 commitments
- 4 resources
- 5 ministries
- 6 disciplines

Luke 9:23  
Deny  
Cross  
Follow



Ministry of  
Evangelism

Ministry of  
Nurture

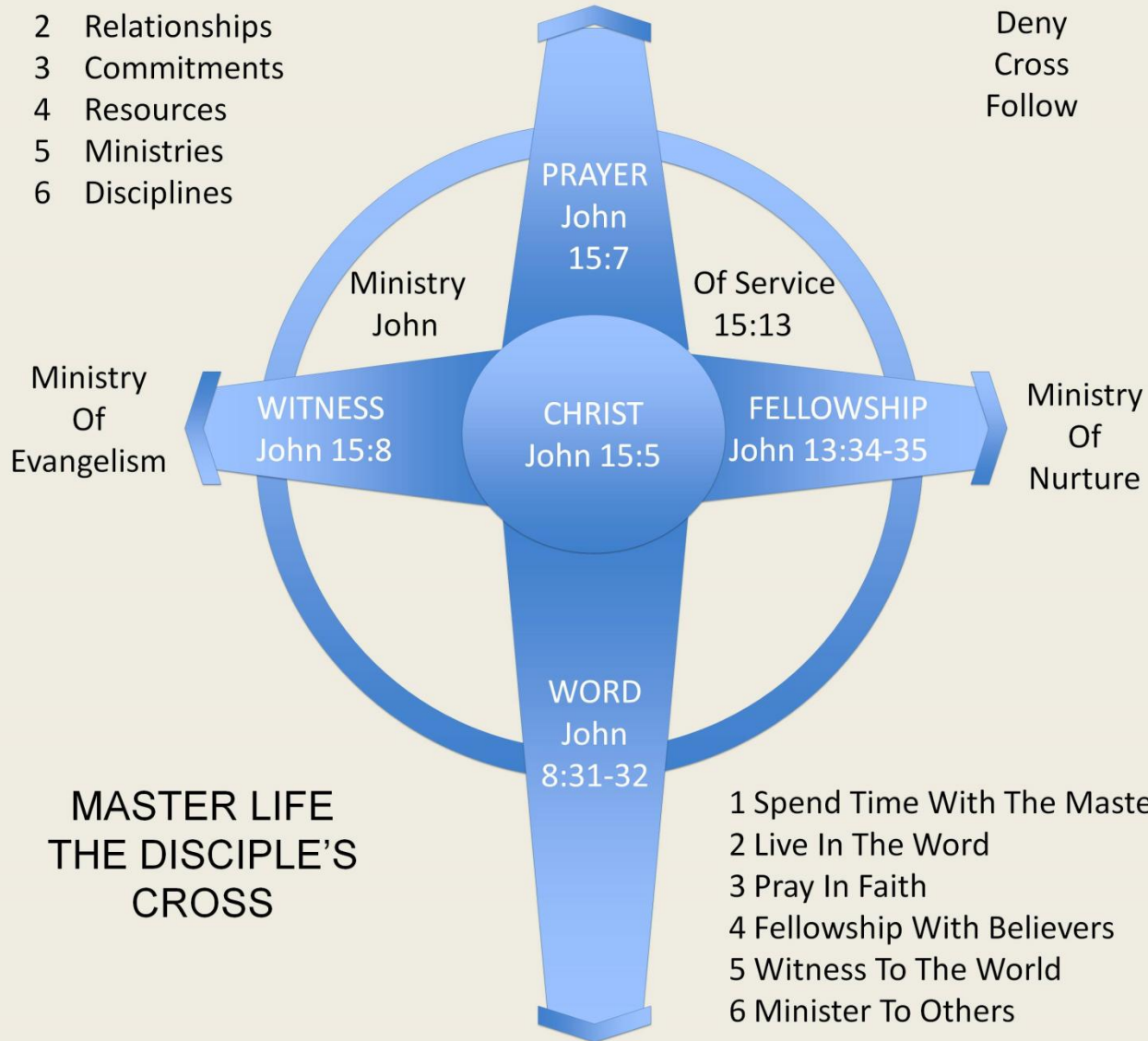
# Ministry of Teaching/Preaching

Ministry Of Worship / Intercession

LUKE 9:23

- 1 Lord
- 2 Relationships
- 3 Commitments
- 4 Resources
- 5 Ministries
- 6 Disciplines

- Deny
- Cross
- Follow



Ministry Of Teaching / Preaching



# VII. 下週作業



# 第二週指定作業

- My walk with the Master this week
  - 完成所有指定作業
  - 背誦約 8:31-32。複習路 9:23 及約 15:5。
  - 位小組中每人提名代禱。
  - 與一位組員更加熟識，探訪他，或打電話給他。
  - 寫出五位未信主者姓名，為他們得救代禱。



# VIII. 小組時間





# Small Group Time

1. 兩人一對（夫妻除外），彼此檢查作業。
2. 彼此背誦經文：路 9:23，約 15:5。
3. 彼此練習，解釋門徒的十字架的中心。
4. 讀路加 14:26-33。耶穌要你將他排在哪些事情之上？
5. 自願分享：上週做了靈命檢查表之後有何感想？
6. 彼此代禱。