DISCIPLESHIP TRAINING

CBCWLA
Apr. 24 - Oct. 30, 2011
I. INTRODUCTION
Welcome to MasterLife

- This is a training program
  - This is a six-month intensive training program, not a lecture series.
  - You’ll follow Jesus and live a Christ-centered life.
  - You’ll do weekly assignments.
  - You’ll read the Bible daily.
  - You’ll be faithful to your church in attendance and stewardship.
• You’ll be held accountable by your group members.
• You’ll dedicate yourself to Christ, CBCWLA and your Masterlife small group (your Lord, church and people).
• You’ll become a discipler of others.
• Are you in the right program?
A disciple of Christ is a person who follows Jesus.
A disciple of Christ is a person who makes Christ the Lord of his or her life.
Understanding Christian Discipleship

- Christian discipleship is developing a personal, lifelong, obedient relationship with Jesus Christ in which He transforms your character into Christ-likeness; changes your values into Kingdom values; and involves you in His mission in the home, the church, and the world.

1. Christian discipleship is developing a relationship with Christ- a personal, lifelong, obedient relationship.
2. Transforms your character into Christ-likeness.
3. Changes your values into Kingdom values.
4. Involves you in His mission in the home, the church, and the world.
MasterLife Discipleship Process

- MasterLife is a sequential, developmental, discipling process to help Christians master life by developing personal, lifelong, obedient relationships with Jesus Christ.

1. It’s a process. You’re in for 6 months. There is no way out.
2. It’s a sequential process. You’ll go step by step, even if you are a veteran Christian, from the beginning of book 1 to the end of book 4.
3. It’s a developmental process. You’ll develop Christian characters and form spiritual habits along the way.
4. It’s a discipling process. You’ll follow orders, be held accountable, and learn endurance.
Six Elements of MasterLife

1. **Daily activities**
   - These activities in your member books lead you into a closer walk with Christ. Doing these activities **daily** is important.

2. **Weekly assignments**
   - The assignments in “my walk with the Master this week” are real-life experiences that will change your life.
3. **Leader**

- I’ll be your pastor and drill sergeant.
- I’ll dedicate myself to you. I’ll pray for you. I’ll also be strict.
- I’ll be available to you. Talk to me, call me 310-592-1821, or email me wentangw@yahoo.com.
- I-Shen is your class captain 班長. Obey her.
- Each small group will elect a team leader 組長.

4. **Weekly sessions**

- Be faithful in attending the weekly group session.
- Each group session is split into general session 總聚 (40 min.) and small group time 小組時間 (20-30 min.)
- I or pastor Rob will lead the general session.
- Team leader will lead the small group session.
5. Christ
   - Christ himself is the discipler. You become his disciple.
   - He works through each of the previous elements and uses them to support you.
   - If any element is omitted, the discipling process will not be effective.

6. The body of Christ – your Church
   - Your church, CBCWLA, is vital for a complete discipleship to take place.
   - You depend on your church for worship, fellowship, strength, and ministry opportunities.
   - Without the church, you lack the support you need to grow in Christ.
Discipleship Covenant 門徒信約
(You have to sign this)

- To participate in MasterLife, you are asked to dedicate yourself to God and to your MasterLife group by making the following commitments.
- You may not currently be able to do everything listed, but by signing this covenant, you pledge to adopt these practices as you progress through the study.
Discipleship Covenant

- As a disciple of Jesus Christ, I commit myself to-
  - Acknowledge Jesus Christ as Lord of my life each day;
  - Attend all weekly sessions unless providentially hindered;
  - Spend time each day as needed to complete all assignments;
  - Have a daily quiet time;
  - Keep a Daily Master Communication Guide about the way God speaks to me and I speak to Him;
- Be faithful to my church in attendance and stewardship;
- Love and encourage each group member;
- Share my faith with others;
- Keep in confidence anything that others share in the group sessions;
- Submit myself to others willingly in accountability;
- Become a discipler of others as God gives opportunities;
- Support my church financially by practicing biblical giving;
- Pray daily for group members.
Accountability Small Group 督責小組

- 5-6 people a group
- Share with each other
- Sign each other’s discipleship covenant
- Check each other’s weekly assignment
- Pray for each member of your group
- Husband and wife: best not in the same group
Bible Reading Plan

- You need to read your Bible daily for the duration of the Masterlife training:
  - Read the Bible 5 days a week.
  - You may choose any book(s) in the Bible.
  - No more than 2 chapters a day.
  - Starts from April 25.
  - You small group will hold you accountable.
  - Submit your plan today.
II. BIBLE STUDY
Abiding in Christ

- Page 8, book 1
- Read John 15:1-17
- Complete the study
- Share Phase 3 with your small group later
III. MEMORIZING THEME VERSE
Masterlife Theme Verse

  - If anyone would come after me, let him deny himself, and take up his cross daily, and follow me.
  - 若有人要跟從我，就當捨己，天天背起他的十字架，來跟從我。
• If anyone would come after me,
• If anyone would come after me, let him deny himself,
• If anyone would come after me, let him deny himself, and take up his cross daily,
• If anyone would come after me, let him deny himself, and take up his cross daily, and follow me.
• **Luke 9:23** If anyone would come after me, let him deny himself, and take up his cross daily, and follow me.
IV. THE DISCIPLE’S CROSS
MasterLife - Book One

Disciple's Cross

MasterLife Book One: The Disciple's Cross helps you experience life in Christ through practicing these six biblical disciplines: spending time with the Master, living in the Word, praying in faith, fellowshipping with believers, witnessing to the world, and ministering to others.

Peninsula Chinese Alliance Church

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The Disciple’s Cross

- The empty circle represents your life. It pictures denying all of self for Christ. You cannot be a disciple of Christ if you are not willing to deny self. If this circle represents your life, Christ should fill the entire circle as you focus on Him.
John 15:5 I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.
Spend time with the Master

- What can we do without remaining in Christ? Nothing! Christ said the he is the vine and we are the branches. The branches are part of the vine. You are part of Christ.
- He wants to live his live through you. Is this the kind of life you would like to have?
- In addition to denying yourself, you need to take up your cross. The disciple’s cross pictures the resources Christ gives us to help us live in him.
Live in the Word

- John 8:31-32
  - Jesus said, “If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.”

- The way to have life in Christ is to have his Word in you.

- You receive the Word in many ways: by listening to someone preach it, by reading it, by studying it, by memorizing it, by applying it.

- Making Christ Lord means that you want to read, study, and apply the Word regularly.
Pray in faith

- John 15:7
  - If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.
- Praying in faith is an important part of life in Christ.
- If you abide in Christ and his Word abides in you, you can ask what you want, and God will do it.
- The vertical bar of the cross, representing the Word and prayer, highlights your relationship with God, the basic ways you communicate with God, and the basic ways he communicates with you.
Fellowship with the believers

- John 13:34-35
  - A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.

- Jesus said the way to show that you are his disciple is to love one another.

- God has provided the ideal place for you to grow—his church.

- A committed Christian stays in fellowship with a local body of believers in order to grow in Christ.
Witness to the world

- John 15:8
  - This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples.
- Jesus said the way to show that you are his disciple is to bear much fruit. This includes witnessing.
- Witnessing is the natural outgrowth of living in Christ.
- If you are spending time with the Master, living daily in the Word, praying in faith, and fellowshipping with God’s people, you naturally share with other the Christ who lives in your heart.
1. Lord
2. Relationships
3. Commitments
4. Resources
5. Ministries
6. Disciplines

Ministry of Worship/Intercession

John 15:7

Luke 9:23
Deny
Cross
Follow

Ministry of Evangelism

John 15:8

Ministry of Teaching/Preaching

John 13:34-35

Ministry of Nurture

Christ
John 15:5

Witness

Fellowship

PRAYER

WORD

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MINISTRY OF WORSHIP / INTERCESSION

1. Lord
2. Relationships
3. Commitments
4. Resources
5. Ministries
6. Disciplines

LUKE 9:23
Deny
Cross
Follow

PRAYER
John 15:7

To of Service
John 15:13

WITNESS
John 15:8

Christ
John 15:5

FELLOWSHIP
John 13:34-35

MINISTRY OF TEACHING / PREACHING

MASTER LIFE
THE DISCIPLE'S CROSS

MINISTRY OF EVANGELISM

1. Spend Time With The Master
2. Live In The Word
3. Pray In Faith
4. Fellowship With Believers
5. Witness To The World
6. Minister To Others

Ministry Of Teaching / Preaching
V. NEXT WEEK’S ASSIGNMENTS
Week 1 Assignments

- My walk with the Master this week
  - pp. 10-30, book 1
  - Complete daily activities and weekly assignments
  - Draw a vertical line through the diamond as you complete an assignment
  - A fellow group member verifying your work next week will draw a horizontal line through the diamond to form a cross
  - Complete the inventory on pp.29-30. This is for your own evaluation, not to be shared with other people.
VI. SMALL GROUP TIME
Small Group Time

1. Each group finds a place for the small group time. Spend about 30 minutes.
2. Elect a team leader.
3. Complete the autobiography worksheet on page 7. Discuss question 2. Let members answer questions 1 and 3 voluntarily.
4. Discuss Abiding in Christ, phase 3 (page 8)
5. Pray for each other.